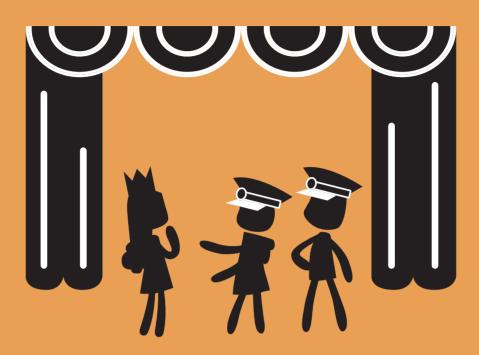
## CREATION METHOD: 42. ROLE PLAY



## **42. ROLE PLAY**

Role play has always been a way of experiencing what it would be like to be a horse, a prince or a wizard. This method uses role play and acting to try to experience something and develop ideas and solutions in relation to a challenge or a project.

**Materials needed:** Paper, pens, costumes, settings, props (or not!).

**Time required:** 1 hour to 1 day.

## How?

1) Start by discussing the following: what do you want to learn and develop through acting it out? What kind of situation or scene would be interesting to act out? What do you need to do it and get in the mood? Do you need props and costumes? Do you want to create a storyboard to act from or will it be improv theatre where the different characters are clearly defined but you will develop the dialogue and actions on the fly?

- **2)** As role play and acting is something many people find a bit difficult it is important to have fun while still being serious enough to actually act and commit properly to the exercise!
- **3)** Follow the story board or the characters you have chosen as faithfully as possible and be respectful towards one another. Make the others relax and try to follow their ideas and experiments if you are improvising.
- **4)** Act out different scenes, situations and roles.
- **5)** Step back and evaluate what happened. What possibilities and situations arose from the role play or acting that seemed interesting? Did you become aware of new things you had not thought of before? Explain!